1: Turnbull E-4. 5 (1951-1955) 1965 FO4 Pygmies FO4
Mbuti

[ARCHERS]

All activities outside the camp cease at night, with the exception of termite hunting which is conducted at whatever time of the day or night termites are found to be swarming. 512 222

Conception and Childbirth

The normal course of daily life runs uninterrupted throughout the year, except when camp is moved, or on ceremonial occasions attendant on birth, puberty, marriage, and death. Of these occasions, it seems from Schebesta's account that birth arouses the least public interest. The band welcomes each birth gladly but at the same time accepts it as no more than its due. The wives of its menfolk are expected to produce children; it is their primary function in the eyes of both the band and their husbands, and even in their own eyes. 844 [512] 844 621 [562]

The Pygmies seem to believe that menstrual blood is an important factor in conception (Schebesta, 1948, 399) and are well aware of the connection between coition and conception (1948, 400). Schebesta reports frequently hearing the opinion expressed that repeated coition would hasten the hour of birth. 842 833 [841]

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[ARCHERS]

and may devote his time to his bride. He further alleges that the young couple do not exhibit their affection in public, but that one may conclude from various signs that mutual affection continues even in advanced age. Jealousy, however, often comes into the open, and women are particularly suspicious of their husbands. The usual factors leading to the disruption of a marriage are cited as disagreement over the upbringing of the children, idleness of either party, the disputatious nature of the women, or the irascibility of the men.

Sexual relations are maintained during menstruation; Schebesta mentions the fact that the only restriction is during the final stage of pregnancy and for several months following childbirth. In some regions, he adds, there is also a restriction on sexual intercourse between the husband and any woman following the birth of a child to his wife. Such a statement evidently implies an acceptance of extramarital intercourse in other regions, yet he also claims that adultery is considered as a moral transgression offending the divinity; when committed with a married woman, it is criminal. Some allowance is made for a man who cannot have relations with his wife (as during a period of sex taboo); intercourse with an unmarried woman is then generally not considered as adultery. An itching body and birth of twins are, among some

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Women are equally quick to ridicule the menfolk when there is justification.

This is also a time favored by youths for slipping off into the forest with their girl friends for some not very quiet lovemaking. Although lovemaking is not performed openly, no great attempt is made to conceal it. The general feeling is that if surprised in the act, one simply says hello (*karibu*) politely and expects the intruder to continue on his way. Fathers, and mothers too, refer to the nuisance of a flirtatious son or daughter whom they might surprise in this way. The parent pretends to see nothing in such a case, and the youths claim, with more bravado than truth perhaps, not to be unduly disturbed unless they are making love to a relative.

Lovemaking generally takes place in the forest, though there is no fixed rule. It is thought somewhat exciting to make love in a hut, but not very healthy. There are preferences that individuals have for making love near a stream, or in a splash of sunlight, or in the dark depths of the forest. It is evidently a purely aesthetic consideration, and I have heard a number of youths who stated that the best time was while hunting. But moonlight evidently attracts a great number, and I have met several who talk, with great poetry, of the joys of masturbation when alone in the moonlight. On three rare occasions I have seen different individuals dancing, by themselves, in the moonlight and in the forest, away from the camp. The intimacy between the individual and the forest—one might almost say the act of making love to the forest—was expressed by one Mbuti who said, when I questioned him as to why he was dancing alone, that he was dancing with the forest, dancing with the moon. He then continued his dance with the utmost unconcern.

Not all lovemaking is quite so romantic, however, and when boys and girls are following a trail together, the procession may degenerate into a good-humored but undeniably lusty orgy. A boy may rip off a girl's outer bark cloth, if he can catch her, but he may never have intercourse with her without her permission. I know of no cases of rape, though boys often talk about their intentions of forcing reluctant maidens to their will.

There are no formal bachelor huts, but many camps have informal variants. They are sometimes built for an older youth by his mother, or they may be taken over by adolescent boys or girls when the occupant leaves for some reason. In such huts, and even out in the open, around the campfire, it is usual to see not only youths but also

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881 836 833 842 In intercourse the only restriction I could discover was some rather vaguely stated prohibition on a boy holding his partner in his arms. Some adults say that this prevents conception, others say that the girls take contraceptive medicines. Whatever the reason, there is no documented or even reported case of pregnancy arising out of intercourse in an *elima* hut.

881 836 [584] The *elima* is given wide publicity (unlike the villager practice) and young men from neighboring bands are expected to come and participate. If they are whipped during a visit to their band by the *bamelima*, then they are obliged to return the visit. The latter part of the festival is the time when prospective suitors are sought, though there is still no feeling that betrothal must necessarily result. At this time even the younger married men may enter the *elima* hut, though they will sleep with the senior girls rather than with the *bamelima*. It is nothing unusual for the husband of the provider of the house to do this, nor for an elder brother of one of the *elima* girls themselves. But at this time the younger boys are kept out.

881 152 584 Access to the hut may still be had by being whipped, but now there is an additional possibility. In the late afternoons the mothers gather outside the hut, with their carrying baskets, and with a good supply of sticks and stones and any other suitable ammunition. Any youth that wishes to declare his affection for one of the girls is free to attempt to enter the hut, but he must run the gauntlet of the women, who are perfectly capable of beating him soundly and even of throwing him in a river if they do not consider him suitable. Depending upon how well they favor him they will let him pass with anything from token to stiff resistance. If the resistance is stiff the suitor may use his bow and fire fruit peel or small pebbles with it, and fight the women back in this way. When the women become particularly aggressive the youths make a combined attack.

Minor injuries are frequently sustained, and the Mbuti say that in the old days the "war" used to be real, with arrows used instead of peelings. The important thing is that it is still impossible for a youth to enter the *elima* hut, at this stage of the festival, if the older women decide against it for any reason.[2]

881 584 Once inside he still has to face the girls, and the same conditions as before pertain except that if he is allowed to sleep with a girl and

[583] [2] The drama not only appears like a reenactment of the proverbial "marriage by capture," but some Mbuti say that they used to have to fight and carry off their brides in this manner.

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time. They sleep together every night. Why do they not make up their minds and get married? Then Madyadya can have Appiamomba's sister for wife and there will be no more noise."

The next day the issue was taken up by the elders, who gathered together and called on Appiamomba and Mebapepé to say what they wanted. The question of relationship was quickly dismissed by Tungana saying that nobody knew whether Kayo and Ebundu were brothers or not; who was alive to know, so what did it matter? It was "completely far away." The only question remaining was one of intent, and all the elders agreed that the children had been troubling their parents and spoiling the hunt with their noise, and that they must make up their minds and either get married or stop playing around. Appiamomba seemed unsure and said he would ask Mebapepé in his own time. Mebapepé, under pressure, denied that she loved Appiamomba and said she did not want to marry him at all, or indeed have anything else to do with him. She burst into tears and ran to a friend's house.

This relieved the tension somewhat, but Tungana brought up the fact that there were far too many young people around who should be married, and he started naming them. Each in turn began to state his case, but various jealousies quickly came to the surface, and fighting broke out among the youths and their girl friends. Tungana and Moké shrugged their shoulders and retired to their huts, sitting outside and watching with interest. The parents mostly left the scene completely, Manyalibo loudly complaining that the noise would kill him completely. Ekianga remained and tried to restore order, but quickly became involved himself. He shouted for Kengé to get a stick and beat some of the youths away. Kengé shouted back, "Later," and ran to join the other uninvolved youths on a hillock, to get a better view.

By evening the fight had ended, and everyone was too exhausted to renew any discussion. Moké and Tungana suggested it might be good to break camp and go and visit the village for a few days. Kengé said he thought this was an excellent idea, for then all the girls could sleep with the village men and that would keep them quiet for a time. He diverted the conversation to a discussion of village sex techniques, and the camp quickly regained its good humor. The next day half the band left for the village, the rest going further off into the forest. Without exception, the five young couples in question were divided by this move, though nobody referred to the fact.

17. A recently married Mbuti girl, while in the village, slept with a

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A recently married Mbuti girl, while in the village, slept with a villager. On returning to the hunting camp the first youth she met (Pepei, totally unrelated) beat her up severely, throwing her to the ground, holding her by one arm and kicking her. Nobody intervened, even her parents, and not a word was said about the incident.

That evening Pepei complained to the camp that no girls would sleep with him because he was an orphan, but when he began to make allusions indicating that this was one reason why he beat up the girl, Moké broke in and said that the only reason girls didn't sleep with Pepei was that he was so old. He was about nineteen.

18. It is seldom that within a camp a girl will go after one of the married men as blatantly as did Biyokenama, one of Tungana's daughters. Moreover, Biyokenama's father was distantly related to Masisi, the father of her lover, Ageronga. One morning she went so far as to follow Ageronga down to the section of the stream where the men bathed, taking off her cloth as she went. Ageronga's wife, Ambelema, a husky maiden, went in pursuit, hurling abuse. Biyokenama was heard yelling that Ambelema had no business suggesting such dreadful things; how could anyone think that she, Biyo, would flirt with her "brother"? But Ambelema had seen enough and began fighting. Tough as she was, she lost three teeth and came running back to the camp in tears. Biyokenama prudently took off for the village.

Everyone waited for Ageronga, who eventually came wandering in and went up to Biyokenama's mother and said he wanted three hundred francs, one for each tooth her daughter had taken from his wife. He said Biyokenama followed him without reason, that he wanted nothing to do with her, that she was a nuisance. Nobody believed this, but it was clearly a statement of loyalty, and sympathy swung to his side. It was agreed, in a discussion in which mainly youths took part, that Ambelema should not have said such dreadful things to Biyokenama, that even if true they were better not said; but the blame was more firmly placed on Biyokenama, and her mother was urged to take better care of her in future.

19. Marital disputes that are overheard but not deliberately forced on the attention of the band are ignored for the most part. If they are noisy and keep people awake, there may be complaints or there may be some ridicule. Certainly a fight going on between husband and wife inside a hut is followed with zest by all the youths and some of the younger married couples. These may even stand around watching

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This was not an isolated instance, though such dancing and singing are generally confined to youths and younger married people. The erotic aspect of the relationship between forest and Mbuti is also seen in the very clear individual preferences for certain types of place in which it is found good to the *roho* to have sexual intercourse, such as by a stream, or in dark shade, or in a patch of sunlight or moonlight, or during the hunt, but in the forest rather than in the hut.

The perennial certainty of economic sufficiency, the general lack of crisis in their lives, all lead the Mbuti to the conviction that the forest, regarded as the source of *pepo* and of their whole existence, is benevolent, and that the natural course of life is good. The absence of magic is not necessarily an indication of technological mastery; in this instance it is simply an indication of the normal absence of crisis. We indicated that such magic as existed was not without its spiritual aspects, and might possibly be better classified as religion. For instance the use of vine and wooden charms on an infant to convey the strength of the forest to the child is not thought to achieve its end directly, by physical transference alone. Physical contact with these materials is considered strengthening, and certainly the juice of the vine in which infants are bathed is thought to have strengthening properties, but these things are also considered "pleasing to the forest" (*babongisa nduru*). This phrase constantly recurs, and shows the belief in the awareness by the forest of its "children" and their needs. Such acts and many others, by physically relating the individual to the forest, are believed to create an added awareness of the Mbuti by the forest. It is not only the strength of the forest that is wanted, but its affection.

THE POWER OF SOUND

Birth is attended with an undemonstrative concern to establish this relationship between the forest and the individual, and it is reinforced at puberty by what might also be considered in some respects as magic, but which is more essentially religious, and that is song. The mere attachment of a vine to the wrist or around the waist requires that amount of effort and no more. Song requires continued effort, is more direct and personal, and consequently more powerful—its goal is identical. Song above all else is believed to attract the attention of the forest, and to please it. "Sound is very strong indeed; noise is bad, but song is good" (*S'uti mota ningo'e, akami sinama'e;*

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757 824 833 IMPOTENCE IN MALE: *tededani* (rubiaceae)
Leaves are roasted, and the ashes rubbed into light incisions made above the penis.

teba (rubiaceae)
Leaves are roasted, and if the penis pains, the ashes are rubbed into incisions in the skin of the penis itself.

757 752 824 TOE ROT: *apatekaka* (hippocrateaceae)
Leaves are roasted and rubbed into incisions.

FOOT SORES: *ikengbe* (ochnaceae)
Stem of plant is warmed over a fire, then blown through, so that the juice enters the sores.

ikengbe (convolvulaceae)
Same as above.

HEART PAINS: *benga benemá* (compositae)
Leaves are pounded, soaked with water, which is drunk when it becomes red.

HEMORRHOIDS: *amekulu* (beilschmieda spp.)
Stem is roasted, the ashes rubbed well into the buttocks around the affected area, and left on. Repeated after three days.

TOOTHACHE: *amabulubulubu* (tiliaceae)
Leaves are pulped to a juice, diluted with water for a child, funneled through a leaf into the nostrils. Said to afford instantaneous relief.

mangaraa (leeaceae)
Berries are roasted, crushed, and the ashes rubbed into incisions on the jaw.

OPEN WOUNDS: *ndindimia* (connaraceae)
The bark of a twig is carefully shaved, and the juice blown through the twig into the sore or wound. The bark is then packed into the wound to stop bleeding and to prevent dirt from entering. After three days the bark is removed and a fresh application is made, using less bark shavings to allow the wound to close gradually.